



# RAINBOWS

is an international,  
not-for-profit organization  
that fosters emotional healing  
among children grieving loss  
from a life-altering crisis.

---

The dramatic impact of divorce or death greatly affects each family member. The parents, who are wrapped up in their own pain, usually are unable to reach out and help their children who are hurting as well. It has been found that children grieve as much as their parents, but because of their age, they are the silent mourners and have a much harder time expressing their hurt feelings.

A church community can help provide the emotional stability that the children need to verbalize their feelings. This setting seeks to provide the guidance and nurturing of caring adults, peer support and a secure place to grieve so healing and acceptance may take place.'

For these reasons, Rainbows has been created.

- ✚ RAINBOWS peer support meetings may be implemented at a school, church, synagogue or agency.
- ✚ The program consists of 12 sessions, divided into 2 six-week semesters. Each semester concludes with a Wrap-Up Day.
- ✚ The support group is comprised of 3 to 5 children. They participate in activities and discussions that focus on particular topics that pertain to the change in their family unit.
- ✚ The small support group of children is facilitated by a qualified, caring adult who may be a counselor, teacher, parent or administrator. They are specially trained and provided with the materials needed to effectively carry out the aim of Rainbows.

RAINBOWS is an international, not-for-profit organization. Support curricula available: Rainbows (elementary series), Spectrum (adolescent series), Kaleidoscope (college age & adult series) and Prism (single-parent series). The youth curricula are available in religious or secular format.

## For more information:

**A Rainbows program is beginning in February of 2010 at Resurrection Catholic Community located at Rt. 59 and Army Trail Roads in Wayne II. If you have any questions about the program or if you would like to register your child or children in this program please contact:**

**Lorna Miressi – Coordinator**

**Email: [lmiressi@hotmail.com](mailto:lmiressi@hotmail.com)**

**Phone: 630-336-0911**

**Diane Downey – Faith Formation Director at Resurrection**

**Phone: 630-289-5400**