

# Message From The Principal

## Traditions, Culture and our "Friday Forecast"

South Elgin High School opened its doors in 2005. In a very short time we have established some great **traditions** and a spirited **culture** while still striving to be the best we can be academically. This daily challenge must be embraced by everyone, every week, every day, every hour and every minute. Our **traditions** must be everyone working together toward the same goals. Each year we look to improve in areas that would best impact our success. One of those areas we identified was regular communication to our families. I would like to introduce to you our first "**FRIDAY FORECAST**". A big, Storm thank you to Mrs. Olsem, our U-46 tech department and our SEHS staff for their vision and desire to make this much needed connection with our community. SEHS will continue to embrace the 21<sup>st</sup> century by e-mailing our "**FRIDAY FORECAST**" to all our SEHS families every two weeks. Communication is one of the strongest tools that we can use to help our students succeed through school. We encourage all of our families to subscribe to the "**FRIDAY FORECAST**". Stay informed, stay connected and take our future by **STORM!**

*~Melanie Meidel,*

*Principal*

## Scattered Storm Stories

We are proud of all our students who are making it to class on time and making the choice to be ready to learn. **Way to go STORM!**

**Progress Reports** were mailed out this week. Watch your mailboxes!

Wellness Notes - SEHS is getting ready for the **flu season** by promoting prevention strategies here at school. We need your help to reinforce these at home:

- Wash hands frequently, especially before eating.
- Cough or sneeze into sleeves to prevent hand contamination.
- Stay home if you have a temperature greater than 100.
- You should not return until you have been fever-free for 24 hours.

The Centers for Disease Control is also encouraging everyone to get a flu vaccine. Thank you for helping keep everyone healthy and flu-free!

The **SEHS Wellness Café** is open for business everyday after school. We sell a variety of healthy snacks and beverages. Most only cost \$0.50!

Parents ~ Don't forget to ask your student what they are **reading**. Every student at SEHS is required to read a designated number of self selected books.

If your student missed a day of PE they need to make it up. **PE makeups** can be done on Tuesday and Thursday mornings from 7-7:30 in the main gym. They will not get dressed so please wear clothing that is appropriate to walk in. The goal is 2000 steps.

**SOS is back!** Students who are missing homework will be assigned an SOS tutoring detention after school. We have seen a significant increase in academic success when students complete their homework. Please encourage your student to get their work in on time so they do not have to serve an SOS detention. Detentions are from 3-4 on Wednesday's.

### **Extended Forecast**

The **PSAT** will be given on October 14th. Juniors who want to take the test should bring a check or money order for \$14 to the guidance office. Checks should be payable to SEHS.

Parents can learn about financial planning for college by attending a workshop at SEHS on October 20th in room B100 at 7:00 pm. CFAST will present the **Free Financial Planning workshop**.